

BULLYING

It's happening
EVERYWHERE! From our
school halls and corridors to
online in instant time. I have
acted as a BULLY and I have
been BULLIED.



Spud

➡ **Hard hitting, interactive & practical one hour talk**

➡ **Gr 5 - 7 (Senior Primary) & ALL High School grades**

➡ **Build confidence & Nurture self-esteem**

WHY CHOOSE ME?

My powerful and highly interactive, talk is aimed at exposing the underbelly of bullying, thereby bringing awareness and understanding of this complex issue. The practical and simple tools can make a significant difference to those experiencing bullying.



1.

- ✓ Young
- ✓ Relatable
- ✓ Relevant



YouTube



2.



Rambo, the character I play in the **SPUD** films, is perceived as a bully.



3.



I have been **bullied** for being a Protea Gymnast for the South African National Team



I have been **criticized & teased** for wanting to act

4.



I have been a victim of **cyber bullying &** received death threats for appearing in a U.K TV commercial

5.



Being a public figure inevitably exposes one to continuous criticism.
Self-knowledge and a strong value system is essential.

BOOK NOW

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